Online Bio for the Media or Speaking Engagements



Jan Yager, Ph.D. is an award-winning author of 45+ nonfiction, fiction, children's, and poetry books including *When Friendship Hurts; Friendshifts; How to Finish Everything You Start; Work Less, Do More; Productive Relationships; 125 Ways to Meet the Love of Your Life; Victims; How to Self-Publish Your Book; Help Yourself Now* (forthcoming); the novels *On the Run* and *The Pretty One*, the children's book, *The Cantaloupe Cat*; and other titles, with translations into 34 languages. Her articles have been published in the *New York Times, Redbook, Women's Day, Family Circle, Glamour, Inc., Harper's*, and

other publications.

Jan has a Ph.D. in Sociology from the City University of New York which awarded her the Distinguished Alumni Award in 2006 and an M.A. in Criminal Justice from Goddard College. Teaching at the college level for many decades, since 2014, Dr. Yager has taught sociology, criminology, penology, and victimology courses as an Adjunct Assistant Professor in the Department of Sociology at John Jay College of Criminal Justice, City University of New York. Dr. Yager has been interviewed on major talk shows such as the *Today Show, Good Morning America, The View, CBS This Morning, CBS Sunday Morning*, and *Oprah*, and she has been interviewed, quoted, and featured in such print and online publications as the *New York Times, USA Today, Chicago Tribune*, CNN.com, and the *Washington Post*. In addition to college teaching, Jan is a professional speaker, coach, and entrepreneur who in 1996 founded her own small press, Hannacroix Creek Books, Inc. (www.hannacroixcreekbooks.com). For more on Dr. Jan Yager, or for contact information, go to www.Linkedin.com/in/drjanyager or www.drjanyager.com.

Media or speaking inquiries can be sent via the Contact Jan form, phone (203-968-8098), or e-mail Jan directly at: jyager@aol.com. (FYI: email for initial contact is preferred.)